

HEALTH HISTORY FORM

(PLEASE COMPLETE ALL FIELDS)

Name: _____ Date of Birth: _____ Current Date: _____

Do you have an Advance Directive Yes / No If no, would you like information Yes / No

Physician/Provider List (PCP, Referring - any provider you would like to receive a copy of your notes)

Physician/Provider Name

Phone number

Location

REVIEW OF SYSTEMS:

Please **CIRCLE** any of the following **symptoms** that you **currently have**:

GENERAL: change in weight / change in appetite / weakness or paralysis / tire easily / fevers / night sweats / chills / hot flashes / sensitivity to cold or heat

SKIN: rashes / itchiness / bruising / mole changes / nail changes / slow wound healing / hives

EYES: double vision / blurry vision / dry eyes / cataracts / flashing light

EARS: hearing changes / hearing loss / ringing in ears / discharge from ears / ear pain / vertigo

NOSE: frequent nose bleeds / sinus problems / loss of smell

MOUTH & THROAT: hoarseness / sore throat / sore gums

NECK: lumps/ swelling / difficulty swallowing

BREAST: lumps / pain / nipple discharge / redness / rash

RESPIRATORY: shortness of breath / cough / bloody sputum / wheezing / difficulty breathing

CARDIAC: chest pain / fluttering heart / swelling in hands or feet / purple lips or fingers

GASTROINTESTINAL: abdominal pain / diarrhea / constipation / nausea / vomiting / heartburn / frequent belching

MUSCULOSKELETAL: joint pain / muscle stiffness / leg cramps / muscle spasms /back problems

NEUROLOGICAL: fainting spells / dizziness / seizures / memory loss / poor coordination/ speech problems / difficulty swallowing

PSYCHOLOGICAL: stress / nervousness / drug or alcohol abuse

HEMATOLOGICAL: easy bruising / history of transfusions

URINARY: burning or pain with urination /blood in urine /frequent urination / difficulty with urination

GENITAL:

Men: discharge from penis / pain / lump in testicles / impotence

Women: bleeding or spotting between menses / itching in vaginal area / pain with intercourse

Have you ever had a pneumonia vaccine: yes / no If yes, when: _____

Have you ever had a shingles vaccine: yes / no If yes, when: _____

Most recent flu vaccine: _____

Please list all **Surgeries/Procedures** you've had and **Date/Year Performed:**

MEDICAL CONDITIONS/DIAGNOSIS:

Ex. Diabetes

DATE DIAGNOSED:

2009

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

GYNECOLOGICAL HISTORY (for women):

of pregnancies _____

of full term births _____

of preterm births _____

Age at first birth _____

Age at first period _____

Date of last period _____

Average # of days between periods _____

Contraceptive Hormone Use: Yes / No # of years _____

Post-Menopause Use: Yes / No # of years _____

Other Hormone Use: Yes / No # of years _____

Date or year of last pap smear: _____

Results: _____

Date or year of last mammogram: _____

Results: _____

Menopause Status: Pre / Peri / Post / Unknown

Age at menopause _____ Reason: Natural / Removal ovaries / Removal uterus / Total hysterectomy / Surgical / Other

FAMILY HISTORY: Please circle yes or no if a blood relative has ever been diagnosed with any of the following:

		<u>Relationship To You</u>			<u>Relationship To You</u>
diabetes	Yes / No	_____	thyroid disease	Yes / No	_____
heart disease/attack	Yes / No	_____	anemia	Yes / No	_____
high blood pressure	Yes / No	_____	leukemia	Yes / No	_____
stroke	Yes / No	_____	bleeding tendency	Yes / No	_____
osteoporosis	Yes / No	_____	chronic lung disease	Yes / No	_____
kidney disease	Yes / No	_____	melanoma	Yes / No	_____

FAMILY HISTORY FOR COMMON HEREDITARY CANCER SYNDROMES:

Please circle yes or no if a blood relative has ever been diagnosed with any of the following:

Breast & Ovarian Cancer

		<u>Relationship to You</u>	<u>Age at Diagnosis</u>
Breast cancer before age 50	Yes / No	_____	_____
Ovarian cancer	Yes / No	_____	_____
Breast & ovarian cancer in an individual or family	Yes / No	_____	_____
Male breast cancer	Yes / No	_____	_____
Breast cancer in both breasts or multiple primary breast cancers	Yes / No	_____	_____
2 or more breast or ovarian cancers in an individual or family	Yes / No	_____	_____
Ashkenazi Jewish ancestry & personal or family history of breast or ovarian cancer	Yes / No	_____	_____

Colon & Uterine Cancer

10 or more colon polyps found in a lifetime	Yes / No	_____	_____
Uterine cancer before age 50	Yes / No	_____	_____
Colorectal cancer before age 50	Yes / No	_____	_____
Both uterine & colorectal cancer in an individual or family	Yes / No	_____	_____
2 or more uterine or colorectal cancers in an individual or family	Yes / No	_____	_____
Uterine and/or colorectal cancer AND ovarian, stomach, kidney/urinary tract, brain OR small bowel cancer in an individual or family	Yes / No	_____	_____

Any other family history of cancer: Yes / No

If yes, list type of cancer & relationship of family member: _____

Please list Health Status as Good, Fair, or Poor

Father

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

Mother

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

Sister

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

Sister

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

Brother

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

Brother

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

Son

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

Son

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

Daughter

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

Daughter

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

SOCIAL HISTORY:

Tobacco use: current / infrequent / past / never

If current, # of years _____ # of packs per day _____

If past, # of years quit _____ # of packs per day _____

Type of tobacco used: cigarettes / cigars / chewing tobacco / pipe / snuff

Alcohol use: current / infrequent / past / never

If current, # of drinks per week _____ or day _____

If past, # of years quit _____

Illicit drug use: current / past / never Type: marijuana / cocaine / other _____

Marital Status: divorced/ legally separated / life partner / married/ married-separated / single / widowed

Birthplace _____

Hobbies _____

Occupation _____

Where do you live: house or apt / nursing home / assisted living facility / incarcerated / homeless

Who lives with you: alone / spouse / significant other / children / parents / friends / others

Circle any exposure to the following: asbestos / benzene / coal / lead / mercury/ radiation / red dye #3 / petroleum products / Xylene / other _____

Current/Previous Military: Yes / No If yes, dates: _____

Locations: _____

Worked in an industrial plant or hospital: Yes / No If yes, dates: _____

Locations: _____

History of blistering sunburns as a child: Yes / No

How often are you active: never / daily activities / occasional exercise / light exercise / regular exercise / extensive exercise

What is your current diet: regular diet / dietary supplements / liquid diet / diabetic diet / vegetarian / tube feeds / TPN

ALLERGIES: List any known drug, food, or environmental allergies:

<u>To what</u>	<u>What type of reaction</u>	<u>Severity of reaction</u>
_____	_____	mild / moderate / severe / life threatening
_____	_____	mild / moderate / severe / life threatening
_____	_____	mild / moderate / severe / life threatening

MEDICATIONS, INCLUDING HERBAL AND OVER THE COUNTER MEDICINES: *(If additional room needed, continue on back)*

<u>Name and Dose</u>	<u>How Often Taken</u>	<u>Start Date</u>	<u>Reason for Taking</u>
<i>Ex: Hydrochlorothiazide 12.5 mg</i>	<i>Twice a day</i>	<i>2013</i>	<i>Hypertension</i>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Please ensure conditions listed under reason for taking are also recorded in the medical condition/diagnosis box

CHRONOLOGICAL HISTORY OF YOUR CANCER TREATMENT *(please include all chemotherapy and radiation in the order you received):*

<u>Name</u>	<u>Start Date</u>	<u>Stop Date</u>
<i>Ex. Taxol; lung radiation</i>	<i>May 1st , 2013</i>	<i>May 30th, 2013</i>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Date of relapse/progression (if applicable):

Date and type of last scans (if applicable):

Any additional information you would like to share with doctor:

The questions on this form have been answered to the best of my knowledge.

Patient Signature

Date