

HEALTH HISTORY FORM

(PLEASE COMPLETE ALL FIELDS)

Name: _____ Date of Birth: _____ Current Date: _____

Do you have an Advance Directive Yes / No If no, would you like information Yes / No

Physician/Provider List (PCP, Referring - any provider you would like to receive a copy of your notes)

Physician/Provider Name

Phone number

Location

PERSONAL MEDICAL HISTORY:

Please **CIRCLE** any of the following **symptoms** and/or **conditions** that you **currently have or had in the past**:

CANCER: melanoma / breast / prostate / lung / colon / pancreatic / ovarian / testicular / leukemia / lymphoma

INFECTIONS: measles / mumps / chickenpox / whooping cough / scarlet fever / diphtheria / smallpox / hepatitis / tuberculosis (TB) / polio / AIDS or HIV / mononucleosis / rheumatic fever

GENERAL: change in weight / change in appetite / weakness or paralysis / tire easily / fevers / night sweats / chills / hot flashes / sensitivity to cold or heat

SKIN: rashes / itchiness / bruising / mole changes / nail changes / slow wound healing / hives / eczema

EYES: double vision / blurry vision / dry eyes / cataracts / glaucoma / flashing light

EARS: hearing changes / hearing loss / ringing in ears / discharge from ears / ear pain / vertigo

NOSE: frequent nose bleeds / sinus problems / loss of smell

MOUTH & THROAT: hoarseness / sore throat / sore gums

NECK: lumps/ swelling / difficulty swallowing

BREAST: lumps / pain / nipple discharge / redness / rash

RESPIRATORY: shortness of breath / cough / bloody sputum / wheezing / difficulty breathing / asthma / COPD / hay fever / asthma / bronchitis / pneumonia / obstructive sleep apnea

CARDIAC: chest pain / fluttering heart / swelling in hands or feet / purple lips or fingers / mitral valve prolapse / arrhythmia / atrial fibrillation / coronary artery disease or heart disease / hypertension or blood pressure problems / heart attack

GASTROINTESTINAL: abdominal pain / diarrhea / constipation / nausea / vomiting / heartburn / ulcer / hernia / hemorrhoids / frequent belching / gastroesophageal reflux disease

ENDOCRINE: diabetes mellitus / thyroid disease

AUTOIMMUNE: vitiligo / Graves' disease / Hashimoto's disease / Lyme disease / Lupus / Crohn's / psoriasis / rheumatoid arthritis

MUSCULOSKELETAL: joint pain / muscle stiffness / leg cramps / muscle spasms / osteoarthritis / back problems

NEUROLOGICAL: fainting spells / dizziness / seizures / memory loss / poor coordination / epilepsy / headaches / migraine headaches / stroke / speech problems / difficulty swallowing

PSYCHOLOGICAL: depression / anxiety / drug or alcohol abuse

HEMATOLOGICAL: anemia / easy bruising / history of transfusions / blood disorder

URINARY: burning or pain with urination / urinary tract infection / kidney stone / blood in urine / frequent urination / difficulty with urination / kidney disease

GENITAL:

Men: discharge from penis / pain / lump in testicles / impotence / sexually transmitted disease

Women: bleeding or spotting between menses / itching in vaginal area / pain with intercourse / sexually transmitted disease

Have you ever had a pneumonia vaccine: yes / no If so, when: _____

Have you ever had a shingles vaccine: yes / no If so, when: _____

Most recent flu vaccine: _____

Please list all **Surgeries/Procedures** you've had and **Date/Year Performed:**

GYNECOLOGICAL HISTORY (for women):

of pregnancies _____

of full term births _____

of preterm births _____

Age at first birth _____

Age at first period _____

Date of last period _____

Average # of days between periods _____

Contraceptive Hormone Use: Yes / No # of years _____

Post-Menopause Use: Yes / No # of years _____

Other Hormone Use: Yes / No # of years _____

Date or year of last pap smear: _____

Results: _____

Date or year of last mammogram: _____

Results: _____

Menopause Status: Pre / Peri / Post / Unknown

Age at menopause _____ Reason: Natural / Removal ovaries / Removal uterus / Total hysterectomy / Surgical / Other

FAMILY HISTORY: Please circle yes or no if a blood relative has ever been diagnosed with any of the following:

| | | <u>Relationship To You</u> | | | <u>Relationship To You</u> |
|----------------------|----------|----------------------------|----------------------|----------|----------------------------|
| diabetes | Yes / No | _____ | thyroid disease | Yes / No | _____ |
| heart disease/attack | Yes / No | _____ | anemia | Yes / No | _____ |
| high blood pressure | Yes / No | _____ | leukemia | Yes / No | _____ |
| stroke | Yes / No | _____ | bleeding tendency | Yes / No | _____ |
| osteoporosis | Yes / No | _____ | chronic lung disease | Yes / No | _____ |
| kidney disease | Yes / No | _____ | melanoma | Yes / No | _____ |

FAMILY HISTORY FOR COMMON HEREDITARY CANCER SYNDROMES:

Please circle yes or no if a blood relative has ever been diagnosed with any of the following:

Breast & Ovarian Cancer

| | | <u>Relationship to You</u> | <u>Age at Diagnosis</u> |
|--|----------|----------------------------|-------------------------|
| Breast cancer before age 50 | Yes / No | _____ | _____ |
| Ovarian cancer | Yes / No | _____ | _____ |
| Breast & ovarian cancer in an individual or family | Yes / No | _____ | _____ |
| Male breast cancer | Yes / No | _____ | _____ |
| Breast cancer in both breasts or multiple primary breast cancers | Yes / No | _____ | _____ |
| 2 or more breast or ovarian cancers in an individual or family | Yes / No | _____ | _____ |
| Ashkenazi Jewish ancestry & personal or family history of breast or ovarian cancer | Yes / No | _____ | _____ |

Colon & Uterine Cancer

| | | | |
|---|----------|-------|-------|
| 10 or more colon polyps found in a lifetime | Yes / No | _____ | _____ |
| Uterine cancer before age 50 | Yes / No | _____ | _____ |
| Colorectal cancer before age 50 | Yes / No | _____ | _____ |
| Both uterine & colorectal cancer in an individual or family | Yes / No | _____ | _____ |
| 2 or more uterine or colorectal cancers in an individual or family | Yes / No | _____ | _____ |
| Uterine and/or colorectal cancer AND ovarian, stomach, kidney/urinary tract, brain OR small bowel cancer in an individual or family | Yes / No | _____ | _____ |

Any other family history of cancer: Yes / No

If yes, list type of cancer & relationship of family member: _____

Please list Health Status as Good, Fair, or Poor

Father

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

Mother

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

Sister

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

Sister

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

Brother

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

Brother

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

Son

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

Son

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

Daughter

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

Daughter

If living: Age _____ Health Status _____

If deceased: Age at death _____ Cause of death _____

(If additional room needed, continue on back)

SOCIAL HISTORY:

Tobacco use: current / infrequent / past / never

If current, # of years _____ # of packs per day _____

If past, # of years quit _____ # of packs per day _____

Type of tobacco used: cigarettes / cigars / chewing tobacco / pipe / snuff

Alcohol use: current / infrequent / past / never

If current, # of drinks per week _____ or day _____

If past, # of years quit _____

Illicit drug use: current / past / never Type: marijuana / cocaine / other _____

Marital Status: divorced/ legally separated / life partner / married/ married-separated / single / widowed

Birthplace _____

Hobbies _____

Occupation _____

Where do you live: house or apt / nursing home / assisted living facility / incarcerated / homeless

Who lives with you: alone / spouse / significant other / children / parents / friends / others

Circle any exposure to the following: asbestos / benzene / coal / lead / mercury/ radiation / red dye #3 / petroleum products / Xylene / other _____

Current/Previous Military: Yes / No If yes, dates: _____

Locations: _____

Worked in an industrial plant or hospital: Yes / No If yes, dates: _____

Locations: _____

History of blistering sunburns as a child: Yes / No

How often are you active: never / daily activities / occasional exercise / light exercise / regular exercise / extensive exercise

What is your current diet: regular diet / dietary supplements / liquid diet / diabetic diet / vegetarian / tube feeds / TPN

ALLERGIES: List any known drug, food, or environmental allergies:

| <u>To what</u> | <u>What type of reaction</u> | <u>Severity of reaction</u> |
|----------------|------------------------------|---|
| _____ | _____ | mild / moderate / severe / life threatening |
| _____ | _____ | mild / moderate / severe / life threatening |
| _____ | _____ | mild / moderate / severe / life threatening |

MEDICATIONS, INCLUDING HERBAL AND OVER THE COUNTER MEDICINES:

| <u>Name and Dose</u> | <u>How Often Taken</u> | <u>Start Date</u> | <u>Reason for Taking</u> |
|--|------------------------|-------------------|--------------------------|
| <i>Ex: Hydrochlorothiazide 12.5 mg</i> | <i>Twice a day</i> | <i>2013</i> | <i>Hypertension</i> |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
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| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

(If additional room needed, continue on back)

PERSONAL CANCER HISTORY:

Type and Location of Cancer: _____

Presenting symptom(s): _____

Biopsy:

| <u>Date</u> | <u>Type</u> | <u>Location</u> |
|--------------------|-------------|-----------------|
| <i>Ex. 12/1/13</i> | <i>FNA</i> | <i>lung</i> |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

CHRONOLOGICAL HISTORY OF YOUR CANCER TREATMENT (please include all chemotherapy and radiation in the order you received):

Name

Ex. Taxol; lung radiation

Start Date

May 1st , 2013

Stop Date

May 30th, 2013

| | | |
|-------|-------|-------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

Date of relapse/progression (if applicable):

Date and type of last scans (if applicable): _____

Any additional information you would like to share with doctor:

The questions on this form have been answered to the best of my knowledge.

Patient Signature

Date